



## D-Core® Pillow

- Economically priced, full size and mid size.
- Patented D-shaped center supports neck to relieve pain, restore natural curvature of neck and upper spine.
- Non-allergic Corefill® polyester fiber.
- For back and side sleepers.

Get proper cervical support at an economical price. This orthopedic fiber pillow's patented D-shaped center gently supports the head and neck during sleep to help remedy many common ailments, including tension headaches, neck spasms, arthritis and snoring. It complements active treatment in the

Correct stage of the TriCare Circle of Health. And once in the Maintain stage, and helps ensure continued good health by sustaining the proper curve of your neck and spine. Suitable for both back and side sleepers, the D-Core is filled with cool and comfortable Corefill® 100% polyester fiber. Full size and midsize versions make it easy to choose the size that is right for you.

## Leg Spacer®

- Helps relieve pressure and strain on lower back, knees and ankles.
- Helps relax muscles.
- Moves with you when you turn over.

The Leg Spacer® was designed to help relieve pressure and strain on the lower back, hips, knees and ankles while you sleep. The design accomplishes this by helping keep your legs aligned with your spine. The contoured design of the Leg Spacer helps the pillow move with you when you turn over, giving you uninterrupted sleep. It fits comfortably between your legs keeping them in line with the spine. This relieves pressure on the spine and nerves. The pillow is constructed with high-quality polyfoam with a variety of cover choices from a soft fleece cover to no cover at all. While lying on you side, place the Leg Spacer between your legs just above the knee.



## Sitback Rest®

- Promotes proper posture in any chair.
- Provides comfort and support for your lower back.
- Side support wings ensure ultimate comfort while maintaining the correct position.
- Use at home, office, or in your car.
- Sitback Rests personalized with your logo are also available.

This popular cushion promotes proper posture in any chair while providing support and comfort for your lower back. Our side-support wings ensure ultimate comfort by helping keep you in the correct position. Use at home, office or in your car. Precision-cut foam. Covered with a durable fabric cover. 13"x14" (33cm x 36cm). Also available: Plus & Deluxe versions of the Sitback Rest.